



SAFE RETURN TO CAMPUS – FALL 2020 Preferred Plan as of July 27, 2020

We are excited to welcome students back to Lamar Community College this fall when we start our phased move-in for Residence Hall students on August 17 and start classes on August 24. As we continue to monitor current conditions and plan for the safety and wellbeing of students, employees, and our communities, we would like to share some details about our preferred plan for a **Safe Return to Campus**. We know these plans can change and we encourage you to work with us as we adapt and adjust in order to ensure the best learning, living, and working environment possible. Your cooperation and understanding will help us maintain our goals of having students safely attending classes, living in residence halls, and participating in activities and events. If we are able to remain open and operational as planned, we will better serve students and maintain appropriate staffing levels for doing so.

In planning for our phased return, we focused on the following to guide our decisions:

1. Adopt and implement a comprehensive suite of health and safety protocols for the campus consistent with Center for Disease Control (CDC), Colorado Department of Public Health and Environment (CDPHE), Colorado Department of Higher Education (CDHE), Colorado Community College System (CCCS), and Prowers County Public Health and Environment (PCPHE) guidelines on preventing the transmission of COVID-19
2. Use the phased return of faculty, staff, and students in the summer to evaluate and improve the implementation of health and safety protocols prior to the return of students for fall semester
3. Adhere to public health guidelines regarding physical distancing by prioritizing certain classes for in-person instruction, including experiential, hands-on content that cannot be effectively delivered online, such as labs, studios, and performance classes
4. Expand the ways in which courses can be delivered using combinations of on-campus, online, remote and hybrid instruction, and plan for the continued use of these new flexible formats in the future
5. Plan for the reopening of campus housing and develop dining options that allow for appropriate physical distancing
6. Plan for the start of athletics using appropriate protocols consistent with National Junior College Athletic Association (NJCAA), CDPHE, CDHE, and CCCS guidelines
7. Plan for the phased reopening of public venues, such as the Fitness Center, based on public health guidelines in place at the time
8. Develop cleaning protocols that follow appropriate guidelines and leverage employee and student participation in keeping spaces clean and safe

Resources

CDC - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

DOE - <https://ifap.ed.gov/electronic-announcements/030520Guidance4interruptionsrelated2CoronavirusCOVID19>

CDPHE - <https://covid19.colorado.gov/>

CDHE - <https://cdhe.colorado.gov/>

NJCAA - <https://www.njcaa.org/COVID19>

Travel Risk Map - <https://globalepidemics.org/key-metrics-for-covid-suppression/>



Current Guidance (July 27, 2020)

1. Face Coverings* – LCC will follow [Colorado orders](#) and Prowers County guidance for wearing face coverings indoors and when outdoors with others. Face coverings need to fully cover nose and mouth at all times and are to be worn when indoors with others who are not part of the individual's nuclear family or athletic cohort and outdoors when in groups that cannot socially distance.
** Face coverings include cloth masks, paper masks, scarves/bandanas, gaiters, and face shields (which provide less ability to minimize aerosolized particles). Students and employees with documented medical disability reasons for not wearing face coverings are exempt and will receive guidance for alternative solutions by our Special Populations coordinator at 719.336.1533 (for students) and HR 719.336.1572 (for employees).*
2. Social Distancing – LCC will follow Colorado and Prowers County guidance to observe a social distance of at least six feet when with others who are not part of the individual's nuclear family or residence hall cohort.
3. Capacity – LCC will follow Colorado orders to not have more than 50% capacity (or 50 people) in classrooms, offices, conference rooms, and other indoor spaces while observing social distancing. For larger indoor spaces, Prowers County's variance of up to 100 people socially distanced may be followed.
4. Temperature, Symptom, and Travel Checking – all individuals (employees, students, visitors) will be required to do a daily temperature, symptom, and travel check prior to being allowed on-campus each day. Records will be maintained to facilitate reporting and contact tracing by Prowers County Public Health. The college is exploring online options for doing so, but in the interim all individuals are required to maintain a paper copy of their daily check and to provide that document to LCC Human Resources (Shelly Tomblason) or the LCC COVID-19 Coordinator (Chad DeBono) when requested. Individuals who have symptoms or who may have been exposed to someone with COVID-19 are advised to call their healthcare provider for guidance and to notify their supervisor (if employee) or faculty member (if student) and Human Resources. Students with LCC health insurance should contact High Plains Community Health Center other students should contact their own healthcare provider. Students are also asked to notify the LCC COVID-19 Coordinator.
5. Remote Work – With a recommended limit of 30-50% employees on-campus at one time, it is anticipated that many LCC employees will continue remote work schedules. Each unit should develop written work schedules and clearly communicate to each other and students which offices and individuals will be available for in-person services. It's suggested these schedules be posted on the LCC website so the public can access the information.
6. Training – all employees and students physically coming to campus will be required to complete a mandatory COVID-19 training program online.
7. Cleaning – LCC will follow all CDC and CDPHE guidance in place at the time. Employees and students will be strongly encouraged to also clean high-touch surfaces (e.g. desktops, door handles, water spigots, etc.) prior to using them.
8. Personal Accountability – because we want to keep LCC open as well as keeping ourselves and others safe, we expect each employee, student, and visitor to follow all guidelines and standards in place at the time and will use employee/student policies to deal with infractions.



Employee Return to Campus

Lamar Community College employees began returning to work on campus July 6th, 2020 in a rotation designed to comply with the Department of Higher Education (CDHE) guidelines. Campus access will remain limited to only those employees authorized to be on-site each day for their specific building or department based on approved staffing plans. The goal is to have no more than 30-50% occupancy at any one time. Many individuals and departments will remain predominantly remote. Failure to comply with requirements in place at the time will result in discipline, up to and including termination.

1. Each department will work according to the staffing schedule created in consultation with the department supervisor. All schedules must be approved by the appropriate executive.
2. Schedule changes must be approved by the department supervisor prior to occurring. The supervisor will communicate changes to campus as needed. It's recommended in-person hours and schedules be publicly posted on the LCC website.
3. Only employees scheduled to be on campus are allowed to access the campus each day. Access outside of an assigned day will still require advance, written permission from LCC HR or designee.
4. Every employee will be required to monitor their temperature, symptoms, and travel daily, prior to arriving on campus. The results will be recorded by each employee on the tracking document provided to them. Employees must keep a copy of their record and be prepared to turn it in if the need should arise in conjunction with the pandemic response.
5. In the event that employees have a fever or are experiencing any of the COVID symptoms listed on the tracking document they must agree to stay at home and report the information to their immediate supervisor who shall notify LCC HR or designee. Employees will then work with the director of human resources to determine next steps prior to returning to work on campus.
6. Employees must remain prepared to work remotely at a moment's notice after the return-to-work on campus begins.
7. Employees are expected to adhere to all symptom-checking, and tracking, facial covering, social distancing, hygiene, travel requirements and guidance in place at the time while working on campus. It is each employee's responsibility to remain informed about current guidance and requirements.
8. Employees who require medically-necessary accommodations to the facial covering requirements for working on site must contact the director of human resources to make arrangements for accommodation prior to reporting to work without facial coverings.
9. Employees who are in a vulnerable population or who are caring for an immediate family member in vulnerable population who need to continue to work remotely must contact their supervisor and work with the director of human resources to work out a schedule for doing so when feasible.



Employee Return to Campus (continued)

10. Employees who have primary or secondary school-aged children who require homeschooling are encouraged to reach out to the director of human resources to determine work solutions to assist with this.
8. Employee travel for work will be limited, and **MUST** have prior approval from a direct supervisor and the director of human resources prior to occurring as well as all the usual travel approval paperwork.
9. Employee personal travel outside of Prowers County should be reported to an immediate supervisor and the director of human resources in the event that special considerations for return to work on campus are required.
10. Employees who travel outside of Prowers County for either work or personal reasons may be required to quarantine and work remotely for a period of up to 14 days prior to being allowed back on campus. Each case will be considered individually, based upon mode of travel and location traveled to.
11. Employees must avoid or limit all interoffice visiting while on campus. If office visits do take place with coworkers, all facial covering and social distance requirements must be followed during the visits.
12. Face coverings must fully cover both nose and mouth and should not be lifted or removed while with others.
13. Shared refrigerators, microwaves, and Culligan water systems will be allowed in common areas. Employees will use wipes to sanitize handles and high-touch surfaces prior to use. Shared coffee and tea kettles are not safe and will not be allowed during fall semester. Pot lucks, shared food items, buffets, etc. are not safe and will not be allowed. Employees should plan to bring and use their own plates, utensils, etc.

Instructional

Lamar Community College is planning on returning to face-to-face course delivery and providing on-line and remote course delivery options for faculty and students who require/desire it. All faculty will develop plans to transition to remote delivery as needed. The college will also transition to remote delivery after Thanksgiving break until the end of the semester. In order to achieve this objective, the following will be implemented.

1. All academic departments, in consultation with Dean and VP, will develop plans for alternate/remote delivery for all courses. All plans will include possible transition from one mode of delivery to an alternate mode, for example, starting face-to-face and moving to remote, as the situation warrants.
2. Classrooms will still be assigned to courses to allow for easy transition from face-to face to remote.
3. Faculty will be offered professional development opportunities for remote-delivery trainings, webinars, workshops using virtual conferencing tools.
4. Faculty will be provided a repository of remote delivery resources.
5. Faculty will be provided fall in-service meetings through workshops, webinars, and trainings delivered remotely with debrief facilitated afterwards via remote conferencing tools. Limited face-to-face meetings, adhering to all guidance at the time, may also take place.



Instructional (continued)

6. Academic leadership will host face-to-face (if possible) and remote meetings to update faculty on campus development and to share updates and concerns
7. Students will be provided information on health and safety through existing LopesCares website, marketing and resources.
8. Learning Support Staff, including college counselor will develop virtual programming, virtual office hours, and will proactively reach out to students to facilitate completion of the term
9. BIT team will meet to develop strategies to proactively identify students at risk. Current protocols of team are already adapted for multiple work modalities.
10. Faculty for each lab course and CTE program will develop plans for face-to-face components of their curriculum. Plans include protocols and guidance on health and safety. Plans will be reviewed by Dean and VP for approval each semester
11. Faculty will hold faculty senate and ARC meetings with a virtual option to meet limits on face-to-face meetings and accommodate faculty working remotely or who need/desire remote work.
12. Administration will provide remote conferencing tools and ensure that training is available for faculty and instructors in use.
13. Dean and VP will conduct faculty evaluations of classes in remote environment as they currently do with face-to-face. Process includes class observations, student evaluations, one-on-one consultations with faculty, and development of professional development plans,
14. College's current Distance Learning program will be used to increase and manage remote learning capacity.

Student Services

Support Services will resume on-campus operations as per developed schedule. Schedule will be communicated to students and employees. Staff who are not on campus will be available remotely to meet with students and employees via phone, email, and teleconferencing tools. All staff will have the ability to transition to remote work as needed. In order to achieve this objective, the following will be implemented.

1. Staff will work both face-to-face and remotely to meet guidelines in place at the time
2. All staff will have two workstations (one at home and one on campus) or will move technology back and forth between locations.
3. All staff will be equipped with technology needed for remote delivery of services and will communicate with students including Recruit, Navigate, email, phone and in person.
4. Information will be updated to provide students with times staff are in the office and available for face-to-face meetings. Staff will provide students with alternate means of communication for times when they are not in the office.
5. Student meetings may be conducted face-to-face with social distancing measures, online or via telephone.
6. Schedule of appointments will be created and communicated to all stakeholders.
7. In-person appointments will happen with all established protocols in place to mitigate spread of virus



Student Services (continued)

1. Much student services work is able to be completed remotely. Students will be contacted via email, phone and Recruit. Campus visits will occur with established protocols in place to mitigate the spread of the virus. Students will be encouraged to submit all forms electronically as the Financial Aid staff will have the ability to upload what is needed remotely. Students will be able to use their student portal to receive all Financial Aid information, even prior to enrolling for courses.
2. Special Populations Coordinator will work with all students who have medically-necessary needs for accommodations and faculty to provide accommodations to students in face-to-face and remote environments
3. All communications, including forms, will be made available in alternate format upon request.
4. Virtual tools, such as YouScience and Focus2 are available to students via college website and portal. Consultations can be done remotely
5. Basic need and food items will be available to students in need through the Lopes Pantry. No-contact delivery and/or pick up will be made available.
6. LopesCares reporting tools will be maintained and monitored via email and telephone.
7. Sponsors of Clubs and Organizations may implement Zoom/WebEx meetings as an option for students to meet on a regular basis. If sponsor and students agree to have meetings that require a physical presence, members must adopt and implement a physical distancing plan following guidance in place at the time. This plan must be approved by LCC's COVID-19 Coordinator, VP Chad DeBono will include:
 - Number of sponsors(s) and students present for the meeting.
 - Length of meeting and nature of activities on the agenda.
 - Mechanisms to conduct sponsor and student symptom check.
 - Face coverings, 6 feet of social distancing, cough/sneezing etiquette. Provide proper instruction for participants
 - Provisions for hand sanitizer and enhanced cleaning.
 - Provide remote options for participants that do not want to be physically present.

Residence Life

LCC plans to house students in Todd Burch Hall and Prowers House. Upon move-in, all residents will be required to social distance and use face coverings until September 6, after which "Family Unit" cohort groups may relax those requirements as long as they continue to social distance and wear face coverings in settings away from the residence halls.

1. LCC will house a total of 215-229 students for the fall semester, with no more than 2 students per room. The college is leaving 4 rooms in Prowers House vacant for isolation or quarantine purposes.
2. With common bathrooms on 5 wings of Todd Burch, cleaning protocols and schedule will be developed and communicated clearly. Students will also be advised to clean high-touch surfaces prior to use. Students in Prowers House will maintain their own bathrooms and will be provided supplies for doing so.
3. Per public health guidance, students will not be required to be tested for COVID-19 prior to check in. However, students will complete a comprehensive screening form prior to check-in.



Residence Life (continued)

4. One (1) parent at a time will be able to assist with move in. If the student has additional parent(s)/family members/friends, they will be required to remain outside during the move and will not be permitted in the building.
5. All student-athletes residing on campus will be provided directions by their respective coach to self-quarantine at home for 14 days prior to checking into the residence hall and will need to submit a certification form. This 14-day quarantine is nonnegotiable and coaches will contact student-athletes regularly to ensure directions are being followed.
6. Check-in dates and times will be established for all athletic teams and other resident students. Current schedule is as follows:
 - Monday, August 17th – Baseball (50-55)
 - Tuesday, August 18th – Women’s Basketball (16-17)/ Volleyball (12/15)
 - Wednesday, August 19th – Women’s Softball/HTM EBM Students (30-35)
 - Thursday, August 20th – Men’s & Women’s Rodeo/Golf (20-25) Men’s Basketball (45-50)
 - Friday, August 21st – Golf (20-25) Nursing (10-15)
 - Saturday, August 22nd – All other students (numbers TBD)
 - Check-in times will be between 8:00 a.m. and 5:00 p.m. for each of the established days. If students are unable to make it during these times, they must contact the Coordinator of Resident/Student Life to determine other arrangements. Only extenuating circumstance will allow for scheduling outside these times.
7. Following check-in, students will be required to abide by the following until September 6 in order to best ensure health of the residence hall “Family Unit” cohort groups:
 - Face masks will be required at all times other than when eating.
 - 6-Foot Social Distancing with all other residents with the exception of roommates. (This includes the cafeteria, lobby, and computer labs)
 - No visitors (on or off campus) will be permitted in student rooms.
 - No large gatherings, unless outdoors and socially distanced.
8. Students will be advised to bring essential items only during the check-in process. Due to the unknown and variability of Executive Orders and guidance to higher education, this will make it easier for students if LCC is required to shift to remote learning and/or end the term early. Excess décor, supplemental furniture, appliances, and non-essential items are not recommended.
9. After September 6, students will be permitted to have a maximum of 3 resident guests in their room.
10. Hand sanitizers are located at the main entrance, at the lobby bathrooms, and in each wing.



Residence Life (continued)

11. LCC will follow enhanced cleaning in all common areas and high-touch surfaces, consistent with enhanced cleaning practices of other non-residential areas such as academic buildings. Custodial workers should be provided appropriate PPE and training consistent with their duties. See CDC guidelines for cleaning and disinfecting facilities (available at <https://www.cdc.gov/coronavirus/2019ncov/community/reopen-guidance.html>).
 - All Bathrooms
 - Doorknobs/Railings
 - Keyboards in Computer Lab
 - Lobby Furniture
12. LCC will provide frequent reminders of proper hand hygiene (verbally, posters, videos) with hand sanitizer widely available in common areas. Signage on social distancing and face covering requirements will be posted depending on the requirements.
13. LCC will widely share/post information in common areas about COVID-19 prevention. Posted information will be updated as appropriate or with significant changes.
14. Students who are unwilling to comply with safety expectations, such as face covering, social distancing, symptom checking, etc. will be in violation of the LCC Student Code of Conduct and will be disciplined accordingly, up to and including eviction.
15. Events and social activities will adhere to all physical distancing and safety guidance in place at the time. LCC will reconfigure seating in common areas to ensure proper physical distancing and establish allowable occupancy and train Coordinator, Janitors, and Resident Assistants to monitor and enforce.
16. For fall semester, no non-resident guests will be permitted in residence halls (no off campus visitors). Spring semester will be evaluated at a later date.
17. Occupancy of public areas will follow all guidance in place at the time and will be limited. Students using equipment will be provided disinfectant prior to use.
18. Students feeling sick will be instructed to stay in their room and self-isolate. Students should contact housing staff by phone or text to discuss symptoms. Depending on symptoms and needs, housing staff will identify next steps and or medical support options. Coordinator of Residence/Student Life will work with local health provider and Director of Prowers County Public Health to determine if student needs to be isolated in one of the designated room within Prowers House and/or transported to a medical facility
19. If a resident student contracts or is exposed to COVID-19, LCC will work with the local health provider and the Director of Prowers County Public Health to determine if the student can be supported on campus or if they need to be isolated/quarantined off campus. For students who have been exposed, have symptoms, or have tested positive for COVID-19, the LCC COVID-19 Coordinator will work with the Director of Prowers County Public Health for additional guidance and to determine what additional resources are available.
20. LCC will require all resident students to purchase a meal plan. LCC is working with Sodexo, Inc. to develop options to safely feed all resident students.
21. Students with medical conditions or are at high-risk should take personal assessment of the risks of COVID and residence hall living and discuss options and alternatives with their advisor



Dining Services

All students residing on campus will be required to purchase a 19-meal plan.

Preliminary Lamar Community College: Return to Campus Dining Services Plan developed in partnership with Sodexo Food Services, LCC's contract provider.

1. "Family Unit Cohorts" will be assigned a pre-determined time slot of 30 minutes to dine in the cafeteria. Resident students will only be allowed to dine with their assigned group, at their assigned time
2. Outside guests will be prohibited. Faculty and staff of the college may dine based on space availability, utilizing all guidelines in place at the time. Seating capacity will be reduced to optimize social distancing; maximum of 50% seating capacity or whatever current guidelines require
3. Tables and chairs will be cleaned and sanitized before each meal plan period and after each meal plan period. All service-wares cleaned and sanitized between use.
4. Removal of self-service for all food items. Diners will be served by staff with limited contact between the diner, service staff members and all contact surfaces in server
5. Fountain dispensed soda beverages will be available via lever-action fountain beverage machine utilizing single-serve cups. Refills will not be allowed. Beverage dispensers will be cleaned and sanitized after every meal.
6. Take-out and grab-and-go food options will be available for diners who prefer to not sit in the dining hall
7. Plexiglas barriers will be in place for door-cashier. Stand sneeze-guards in place at all food stations. Point of sale station will be equipped with contactless payment method.

Athletics

This fall, Lamar Community College will have between 185-210 student-athletes with 175-200 of these students residing on campus. Athletics presents a high risk of transmission in athletic settings due to frequent physical contact, potential for aerosolization during exercise, the use of items that can carry infection (shared towels, water bottles, athletic equipment, balls, etc.), and the potential physical effects of over-training and dehydration on disease resistance. To ensure student-athlete safety, LCC will align with CDC, CDPHE, CDHE, CCCS, PCPHE, and NJCAA/NIRA, guidelines in place at the time. Additionally, LCC has a partnership with High Plains Community Health Center (HPCHC), which has a site in the LCC Wellness Center which is used by students, employees, and community members.

LCC Sports

Men's Baseball

Men's Basketball

Men's Golf

Women's Softball

Women's Volleyball

Women's Basketball

Men's & Women's Rodeo



Athletics (continued)

NJCAA guidelines were released on 6-19-2020 and updated 7/13/2020. CDPHE and CDHE will release additional guidance in early August. Our return-to-play policy is based on bringing athletes back to campus and forming team “family units.” The goal at LCC is to “**protect the athlete, protect the team, protect the season**”. When student-athletes are in their family unit they will function together while still following basic safety protocol (e.g., hand washing, self-screening), but they will not be wearing face coverings or social distancing. Outside of that unit they will follow campus protocol and all guidance in place at the time.

1. Student-athletes will be directed to self-quarantine for 14 days at home prior to arrival to Lamar. All student-athletes will complete a certification form verifying they followed self-quarantine directions.
2. Student-athletes will return on a staggered schedule by team and will begin to form a “family unit”/cohort group.
3. Student-athletes will complete a medical packet that identifies any preexisting chronic medical conditions and all student-athletes are required to have a new physical with COVID-19 screening form submitted upon return to campus
4. All student-athletes will use face coverings and social distance until September 6. At the end of that period, team “family units”/cohorts may gather without when within their group.
5. Coaches will be responsible for monitoring the overall health of their student-athletes. Coaches will need to complete a daily health update form. Student-athletes will be required to submit daily self-screening forms once per day and temperature/symptom checks will need to be completed by coaches prior to games and travel.
6. If a coach or student-athlete shows symptoms they will be isolated away from the team until tested or cleared by a doctor. If the student is a resident of the dorms, he/she will follow the isolation/quarantine procedure described previously.
7. Health and screening records will be kept by each coach. The Coach and Athletic Director will work collaboratively with PCPH and HPCHC to ensure that monitoring, support, and follow-up are being done properly.
8. All students/coaches/staff will receive training/instruction in regards to hygiene, social expectations, and a safe return to physical activity practices. Signs will be posted outlining COVID-19 symptoms and messaging of the importance of health.
9. Hand sanitizer stations will be located on team benches, locker rooms, weight room, off-site facilities at Merchants Park and Citizens Field and in all buses.
10. Face coverings and social distancing will be used in all communal areas of the gym.
11. Each student-athlete will have his/her own water bottle. Shared water devices will be eliminated.
12. Prior to use, weight room/cardio room equipment will be cleaned by user, with additional cleaning and sanitizing being done by Residence Life Work-study. Rooms will be fogged each evening.
13. LCC will post the maximum number of participants for weight room. Additionally, there will be no open time in this room. Coaches will need to schedule times. If possible, different entrances and exits will be established.
14. Maximum number of participants will be established for indoor hitting area. If possible, different entrances and exits will be established.
15. Locker rooms will be used by one team cohort at a time with cleaning protocol between cohorts. Showers will be closed.



Athletics (continued)

16. Athletic venues and media sites will have COVID-19 safety protocol signage
17. Game day rules for home game spectators will include social media messaging regarding venue rules, one entry location with hand sanitizing unit(s), requirement of spectators, usage of face coverings, and social distancing chart for each venue based on guidelines for spectator capacity. Most events will be livestreamed.
18. Following NJCAA rules, spectators (even family members) may not come into contact with student-athletes and must wear face coverings during the contest. They may only come into contact with the student-athlete after towel off, hand sanitizing, and athlete putting on a face covering.
19. Health screening (taking temperatures and symptom self-screening) will occur for all officials. Locker rooms will be cleaned before and after use. Each official will have clean towels available (no sharing) and individual water/sports drinks available for each official.
20. Visiting team will be contacted to distribute LCC protocols including temperatures and self-screening of all student-athletes, coaches and others, minimizing opposing team contact with LCC personnel; locker rooms cleaned before and after usage; and hand sanitizers in visiting locker rooms. Showers will be closed.
21. Game-day rules for travel include contacting opposing team Athletic Director to comply with designated COVID-19 protocols. Health screening checks of all student-athletes/coaches/drivers prior to departure. Bus/van will be thoroughly cleaned prior to departure and upon return.
22. Route to destination will be planned to minimize stops, using face coverings at all times when off the bus during transit, limiting stops to eat and use facilities, and utilizing take-out dining. Hand sanitizing upon return to the bus.
23. Coaches will monitor all travelers throughout the trip, following daily self-screening protocol and temperature-taking. If symptoms are reported by any member, all members will wear face coverings and social distance as bus allows. Athletic Director will be appraised of all travel occurrences and maintain all records.

LCC Fitness Center

The LCC Fitness Center is located in the LCC Wellness Center. The Fitness Center consists of 1 Main Room, 1 Aerobic/Free Weight Room, and 1 indoor track. Bathrooms and locker rooms are provided for members. LCC plans to re-open the Fitness Center on August 3, assuming no new guidelines prohibit this.

LCC Fitness Center will follow all guidelines provided by the Colorado Department of Public Health & Environment. Information is available at <https://covid19.colorado.gov/safer-at-home/recreation> for indoor gyms, indoor fitness classes, recreation centers, bowling alleys, pools, indoor sports facilities including:

1. Deep cleaning of facility will occur prior to opening.



LCC Fitness Center (continued)

2. Usage will be limited to 25% capacity, or 50 people, whichever is fewer, per room, so long as people can stay 6 feet apart from each other.
 - Fitness Center Room: Capacity: 50 25%: 12.50
 - Aerobic Room: Capacity: 12 25%: 4
 - Track Capacity: NA 25%: 6-Foot Social Distance/1-Way Direction
3. There will be signs for employees and customers outlining the following:
 - Stop! Feeling Sick? Stay home when you are sick.
 - Stop the Spread of Germs. 6 Feet. Cover your cough/sneeze. Clean and disinfect objects & surfaces
 - Know the symptoms of COVID-19.
4. Employees and customers will read the Required Guidelines prior to first attendance day and then have a temperature check and complete a Health Screening Form for COVID-19 for each attendance day. Individuals with temperatures will not be required to complete the screening form and will be advised to leave and contact their healthcare provider. Individuals with symptoms or exposure to someone with COVID-19 will also be asked to leave and consult their healthcare provider about next steps.
5. Employees who exhibit COVID-19 symptoms should not come to work.
6. Employees who develop COVID-19 symptoms while at work should immediately notify their supervisor and be separated from others, sent home, and contact their healthcare provider.
7. LCC will be purchasing and utilizing appropriate cleaning supplies. Spray bottles and towels will no longer be used by members.
8. Employees and customers must ensure all equipment is cleaned and disinfected in between each use.
9. Employees will disinfect equipment 1/per hour. This is in addition to members cleaning the equipment prior to use.
10. Water dispenser will not be in use until further notice.
11. Towels will no longer be offered to members.
12. LCC will operate fans to increase ventilation in the fitness center room.
13. Bathrooms will be available. Locker rooms will be designed so that members who use lockers can maintain 6-foot social distancing. Face coverings will be required in the locker room. No showers